

Total Report of Extension and Outreach programs

Conducted by NSS wings of Chandidas Mahavidyalaya

Khujutipara, Birbhum, West Bengal

For the Session 2020-2021



This Report is included with the number of extension and outreach programs conducted by NSS Units (I & II) every year or each session in last five years (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organized in collaboration with industry, community and NGOs):

The following **Extension and Outreach** programs conducted by the institution through NSS wings in **this session**.

Session – 2020-21

Sl. No.	Date	Nature/ Name of the activity	Organized by	Name of Convener /Moderator/ Co-ordinator (s)	Funded/ Sponsored By	No. of Participants
1	24.09.2020	Covid-19 Pandemic Situation Handling - Distribution of Musk	NSS Unit (I & II)	Prof. Koushik Roy	N.A	20 volunteers only by maintaining physical distance
2	29.05.2021	Awareness Generate for 'Covid-19' - Online Orientation 2 nd phase	NSS Unit (I & II)	Prof. Koushik Roy Prof. Kironmoy Mondal	NA	More than 80
3	31.05.2021	Youth Awareness Prog. - Webinar on "Intl. No Tobacco day"	NSS Unit (I & II)	Prof. Koushik Roy Prof. Kironmoy Mondal	NA	100+ volunteers (intake full)
4	05.06.2021	"Reformation" on World Environment Day	NSS Unit (I & II)	Prof. Koushik Roy	NA	Most of all volunteers, Faculties and other students
5	21.06.2021	Youth Awareness – National Webinar on Intl. Yoga Day	NSS Unit (I & II)	Prof. Koushik Roy	NA	80+ Volunteers in online

Report of 'Covid-19' Pandemic Situation Handling -

Distribution of Musk in the community:

Report: In the middle of 2020 the Covid-19 was rapidly spreading throughout the world. There was no vaccine prepared for the disease and precaution was the only measure for being safe. Wearing musk and regular hand washing is the primary need to being safe from the disease. But in the Rural area or in poor background people can't afford a musk regularly. In the mean time we the NSS volunteers of Chandidas Mahavidyalaya made some community health awareness program. One of them was **'Distribution of Musk' in the surrounding village and market area of our college**. It was on **24.09.2020** our NSS volunteers have been distributed 400 musk on that day. We completed this program smoothly by taking only 20 NSS Volunteers and one PO for keeping social distancing as Covid-19 Rule.



REPORT OF NSS ACTIVITIES OF EXTENSION AND OUTREACH PROGRAMS

- Name of the Program: DISTRIBUTION OF FACE MUSK
- Category of the Program – Health Awareness Program
- Date & Time – 24.09.2020, 12.15pm
- Venue – Khujutipara Village and Market Area
- Duration – 1hrs
- No of Teachers/NTS participated – 1
- No. of Beneficiaries – 400
- Brief Report of the Program: - In the Covid-19 Pandemic and lockdown period people were locked in their house. The disease was increasing so far. But the needy people had to come out and go to their needy job. They have to take covid-19 protection but many of them had not the fundamental to keep it. For this we the Covid-19 Warriors of Chandidas Mahavidyalaya taken a little initiative to help them to distribute some face musk and sanitizer to being safe. Our warriors distributed more than 400musk to the market people and villagers maintaining the Covid-19 protocol.
- Outcomes of the Program –
 - 400 people were directly benefitted for this program
 - Students and all villagers aware and concerned about the covid-19 disease.
 - They being conscious how to protect and to be secure from the erosive virus.
 - Students learn practically how to get courage to help the people and community.

Signature of the Program Officer
Programme Officer, NSS
CHANDIDAS MAHAVIDYALAYA
KHUJUTIPARA, BIRBHUM



NATIONAL SERVICE SCHEME UNIT (I & II)

CHANDIDAS MAHAVIDYALAYA
P.O. - Khujutipara, Dist. - Birbhum
West Bengal - 731215

Date: 18.09.2020

Notice for Covid-19 Warriors

This is to hereby notify for all our Covid-19 Warriors volunteers that "A Community awareness and Musk Distribution Program" will be held on 24-09-2020 to observe the N.S.S Day to generate the awareness and handling the Covid-19 pandemic situation in our college surrounding village people. Only the concerned volunteers of NSS should attend the program maintaining the Covid-19 rules.


Sign Programme Officer

Programme Officer, NSS
CHANDIDAS MAHAVIDYALAYA
KHUJUTIPARA, BIRBHUM



Picture of Distribution of Musk to the villagers


Principal
CHANDIDAS MAHAVIDYALAYA
P.O.-Khujutipara
Dist.-Birbhum


Programme Officer, NSS
CHANDIDAS MAHAVIDYALAYA
KHUJUTIPARA, BIRBHUM



Pictures of Musk Distribution by 'CM/NSS/Covid-19 Warriors' in the Covid-19 Pandemic Situation

Principal
CHANDIDAS MAHAVIDYALAYA
P.O.-Khujutipara
Dist.-Birbhum

Programme Officer, NSS
CHANDIDAS MAHAVIDYALAYA
KHUJUTIPARA, BIRBHUM

Awareness Generation Program
for 'Covid-19' 2nd phase – Online Orientation –

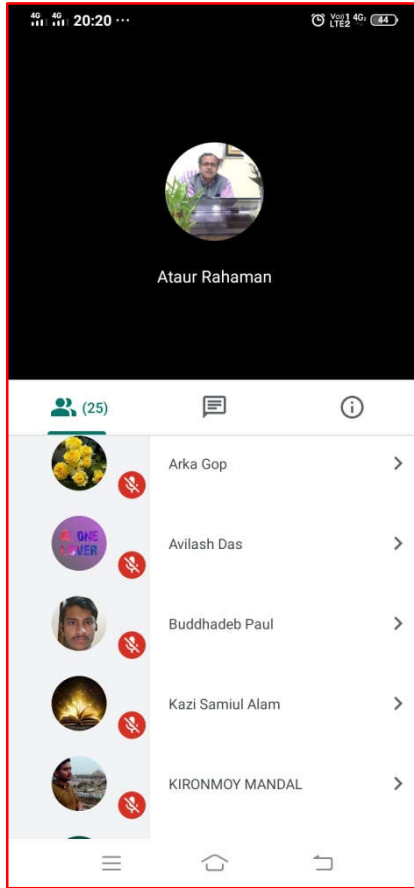
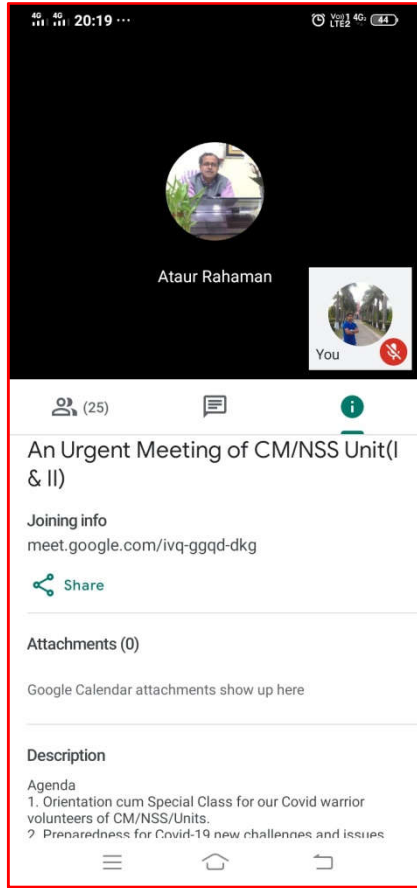


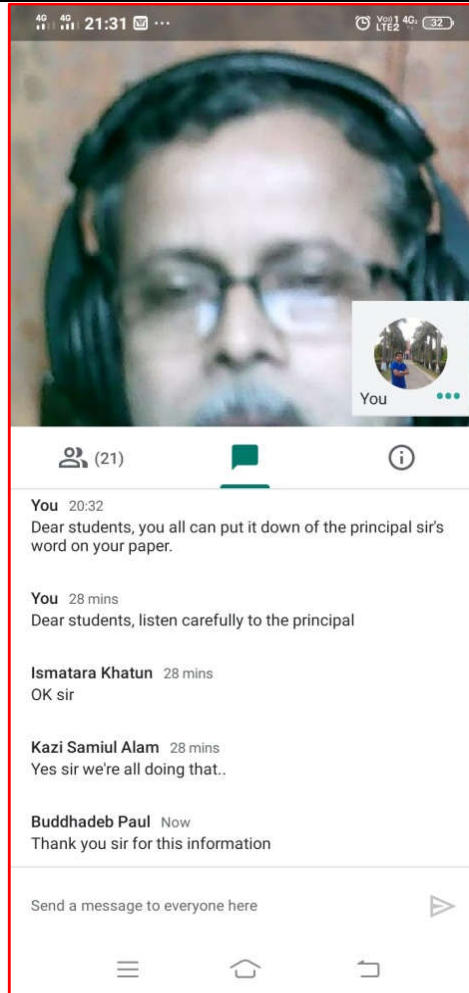
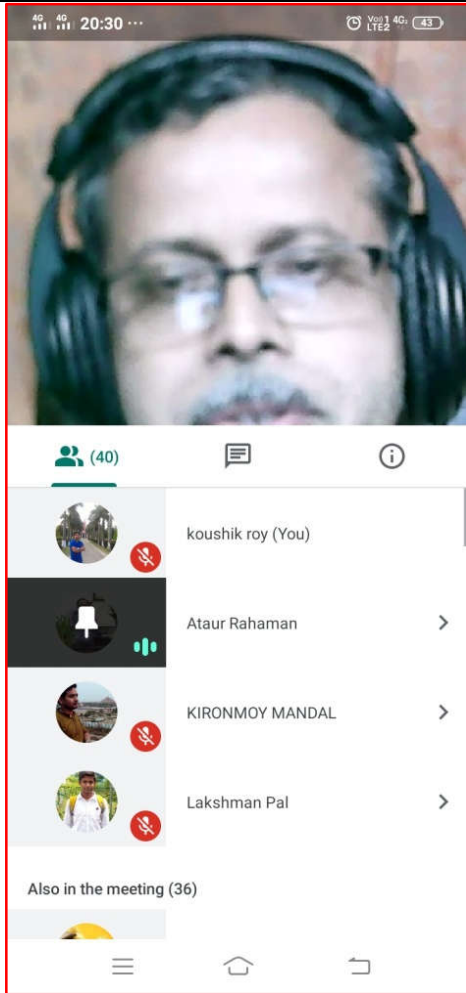
REPORT OF NSS ACTIVITIES
OF EXTENSION AND OUTREACH PROGRAMS

REPORT OF COVID-19 PANDEMIC SITUATION HANDLING

- **Name of the Program:** *Awareness Generate for 'Covid-19' - Online Orientation 2nd phase*
- **Category of the Program –** Health Awareness Program
- **Date & Time –** 29.05.2021, 7.00pm
- **Venue –** Online
- **Duration –** 1hrs
- **No of Teachers/NTS participated –** 2
- **No. of Beneficiaries –** 45
- **Brief Report of the Program:** - In the Covid-19 Pandemic and lockdown period people were locked in their house. This is the 2nd time the disease was increasing so highly. The situation was going so critical. Whole world suffering by the disease. Effect is coming in our health, economic and mental. But have to live keep steady for coming situation. We, the NSS warriors have to fight from all situations, so we need to gather more knowledge. For that CM/NSS unit-I organized a orientation program how to fight or being ready for the pandemic. The program was held by online google meet platform.
- **Outcomes of the Program –**
 - All participants gather knowledge about the covid-19 disease.
 - Students have being conscious how to protect and to be secure from the erosive virus.
 - They can give at least the mental support to their nearby society that they are here to help the people and community.

Signature of the Program Officer
Programme Officer, NSS
CHANDIDAS MAHAVIDYALAYA
KHUTIPARA, BIRBHUM





Youth Awareness Program

Online Webinar on "Intl. No Tobacco day"

Report: Tobacco in taking is common behavioural disease in youth life. To prevent it and change their life Chandidas Mahavidyalaya NSS Units has organized a Webinar cum Awareness generation program on the International No Tobacco day on 31st May 2021. Dr. Sayantan Banerjee, Post Doc at NCI/NIH, who is doing research on Cancer, gave a Special Lecture in this webinar. The Principal, Dr. Sk Aaur Rahaman has chaired for this program. A huge response has come out in that webinar. Many faculties and lots of students have actively participated in the webinar. Our intake was full which is 100. The whole program has lead by Prof. Koushik Roy, PO and convener of NSS Unit.

Notice cum Brochure for the program

**Just Say
"NO" to
Tobacco!**

Let us join the campaign
"Commit to Quit"
on 31st May, 2021

Special lecture by
Dr. Sayantan Banerjee
Post Doc at NCI/NIH
Asst. Professor of Zoology
Chandidas Mahavidyalaya

All are welcome to join the
Webinar cum observation campaign for
"World No Tobacco Day"
on 31st May 2021 at 7pm and onwards

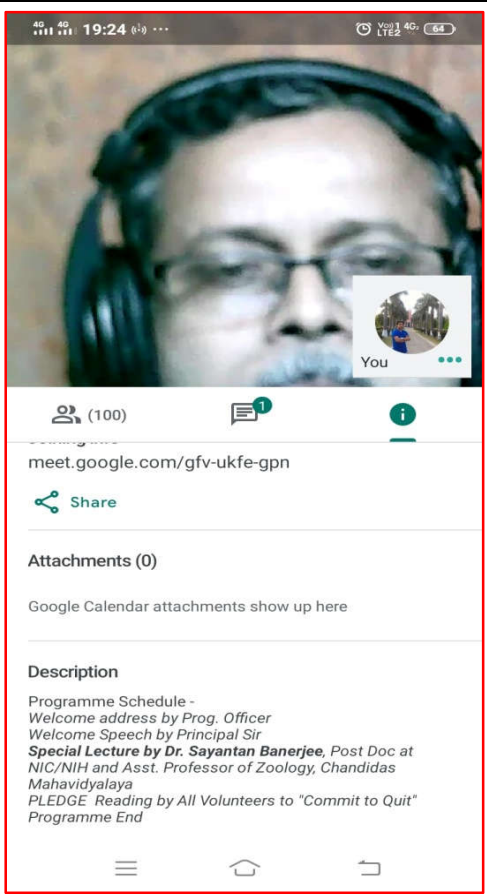
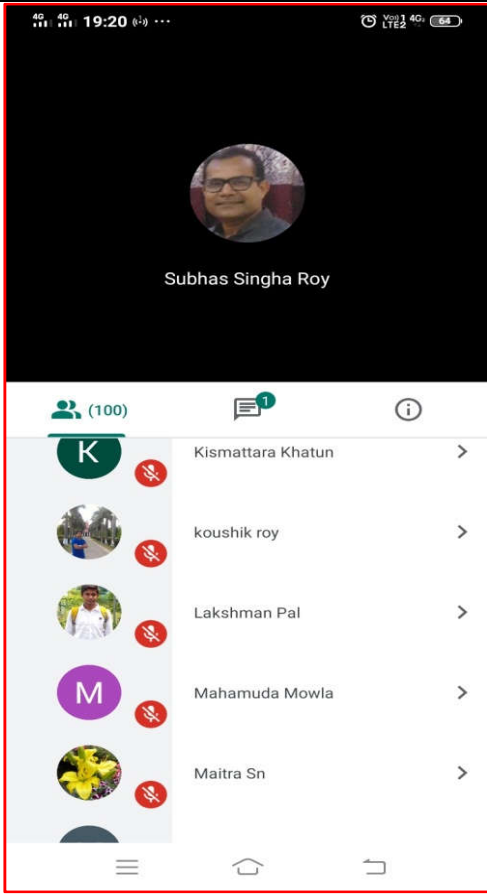
Join by this link- meet.google.com/gfv-ukfe-gpn
organized by: NSS Units (I&II)
Chandidas Mahavidyalaya

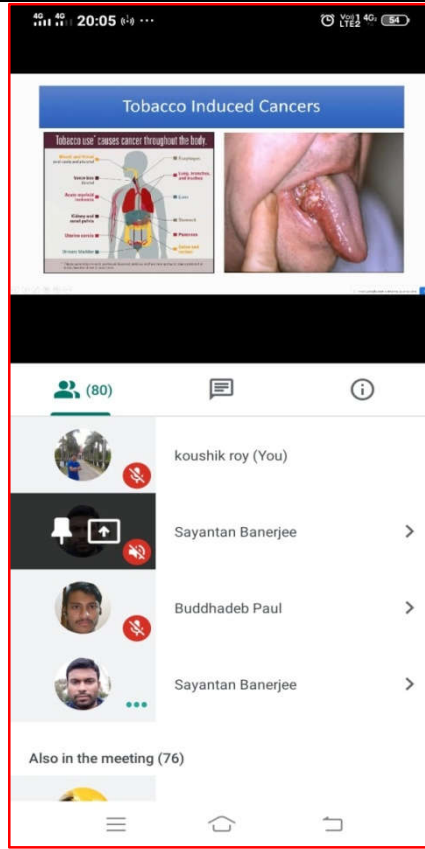
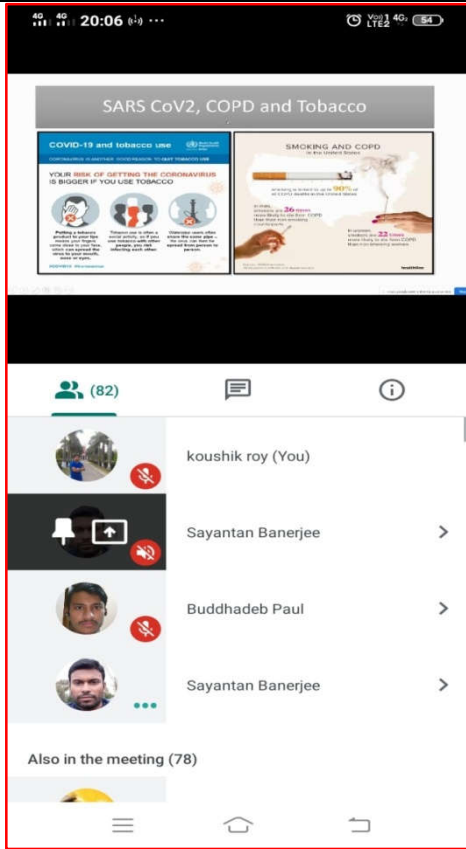


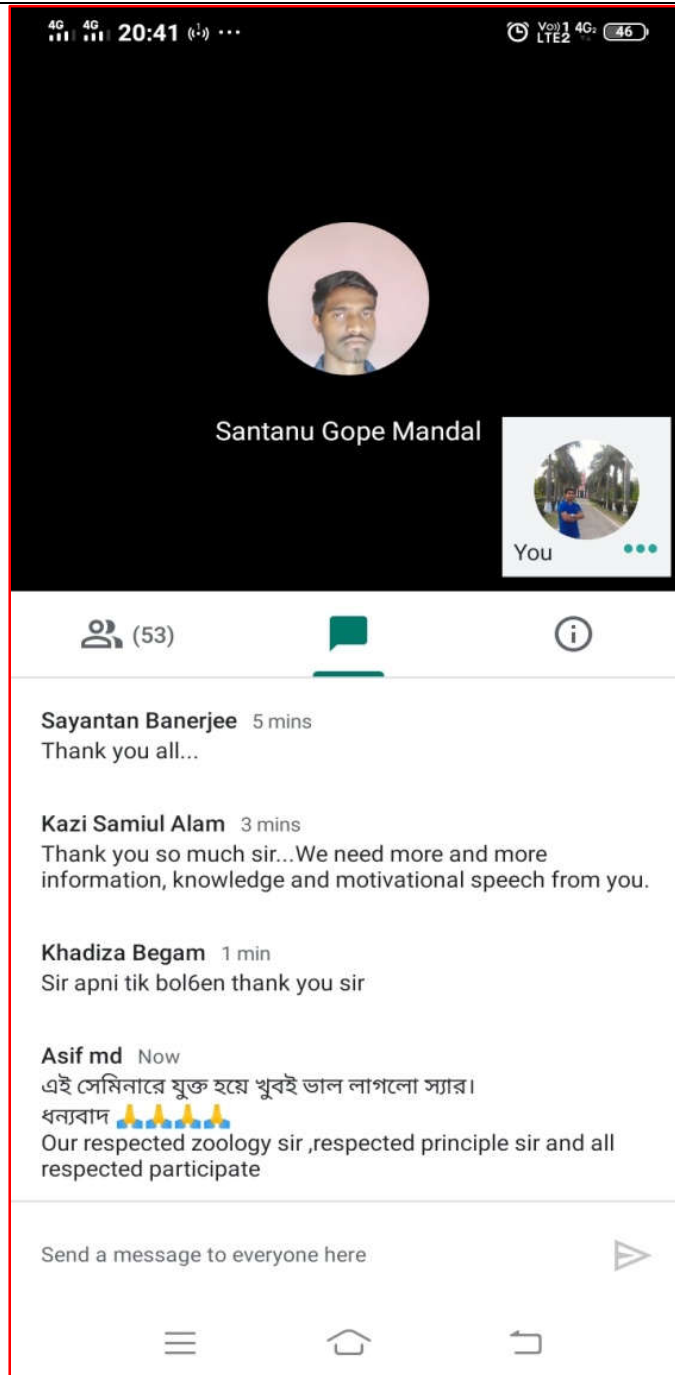
REPORT OF NSS ACTIVITIES OF EXTENSION AND OUTREACH PROGRAMS

- Name of the Program: *Webinar on "International No Tobacco day"*
- Category of the Program – Youth Awareness Program
- Date & Time – 31.05.2021, 7.00pm
- Venue – Online Google meet
- Duration – 1hrs
- No of Teachers/NTS participated – 5
- No. of Participants/Beneficiaries – 100
- **Brief Report of the Program:** - Today is World No Tobacco Day. One of the most deadly diseases of the present century is tobacco addiction. From school going children to old people are addicted to this addiction. This tobacco is not only polluting our society, but its reaction is greater than that it is able to increase cancer germs in the human body. CM NSS Unit – I has organized the webinar to create the awareness to exclude the tobacco use from daily life. This is our special program today for public awareness on this issue. Dr. Sayantan Banerjee, RP of the webinar discussed the cause and cureness and also prevention of the Cancer generating by tobacco. Total 100 participants were joined in that webinar which was full intake of the online platform. We and all participants enjoyed and gathered more knowledge from the topic and learnt how to fight against cancer or tobacco addiction. The program was held by online Google meet platform and was very successful.
- **Outcomes of the Program –**
 - All participants gather more knowledge about the Cancer.
 - Students have being conscious how Tobacco create the cancer or germ in human body.
 - The society will be move with "TOBACCO LESS LIFE".

Signature of the Program Officer
Programme Officer, NSS
CHANDIDAS MAHAVIDYALAYA
KHUJUTIPARA, BIRBHUM







Feedback of the participants

Report of “Reformation” on World Environment Day-2021

Report of Environment Awareness Program

- Name of the Program: “Reformation” on World Environment Day
- Category of the Program – Environment Awareness Program
- Date & Time – 05.06.2021, 11 am
- Venue – Online and Self Home/Residential
- Duration – 1hrs
- No of Teachers/NTS participated – 4
- No. of Participants/Beneficiaries – 37
- Brief Report of the Program: - In the year 2020-21 worldwide there was Covid-19 Pandemic and lockdown situation and people were locked in their house. In that situation World Environment Day has come on 5th June 2021 with the theme of ‘Reformation’. As we all know that “one tree, one life” with this Moto we have organized a webinar cum Environment Awareness Program on that day. Taking the initiative to plant at least one tree in our own residential area to protect our environment.
- Outcomes of the Program –
 - Our Volunteers and Teachers were participated on that program.
 - Students were aware about our environment and importance of it.
 - Students learn practically how to get courage to help the people and community to protect the environment.



Signature of the Program Officer

Programme Officer, NSS
CHANDIDAS MAHAVIDYALAYA
KHUJUTIPARA, BIRBHUM

Notice cum Brochure for the program



EVERYONE IS INVITED!
TO THE OBSERVATION CUM
PLANTATION PROGRAM ON

WORLD ENVIRONMENT DAY

The theme of the year is
"Ecosystem Restoration"

**ON 5TH JUNE, 2021
BY NSS UNIT (I & II)
CHANDIGARH MAHAVIDYALAYA**

Now it's time to return to our Mother Nature by
doing minimum a plantation on Earth! Send us
(@7797257531) a pic of your Plantation of the
day. Let's all learn about the many things we
can do to show the planet that we care!



CM/NSS



Picture of "Reformation" on World Environment Day


Principal
CHANDIDAS MAHAVIDYALAYA
P.O.-Khujutipara
Dist.-Birbhum


Programme Officer, NSS
CHANDIDAS MAHAVIDYALAYA
KHUJUTIPARA, BIRBHUM

Soft Skill Development & Youth Awareness Program

Online National Webinar on Intl. Yoga Day & Celebration-2021:




REPORT OF NSS ACTIVITIES OF EXTENSION AND OUTREACH PROGRAMS

- Name of the Program: CELEBRATION OF INTERNATIONAL YOGA DAY
- Category of the Program – YOUTH AWARENESS & SKILL DEVELOPMENT PROGRAM
- Date & Time – 21.06.2021, 10.00 am
- Venue – Online Google meet
- Duration – 2hrs
- No of Teachers/NTS participated – 6
- No. of Beneficiaries – 78
- Brief Report of the Program – In the Covid-19 Pandemic and lockdown period people were locked in their house. This is the 2nd time the disease was increasing so highly. The students could not come out from the home. But we have to live and keep steady for coming situation. Chandidas Mahavidyalaya's NSS units have organized a program to celebrate the INTERNATIONAL YOGA DAY on 21st June, 2022 'Youth Awareness & Skill Development Program'. This was a National Webinar cum skill development training program for the students. The program was inaugurated by our Principal Dr. Sk Ataur Rahaman Sir with his welcome speech. The Yoga training was given by two RPs who are the faculty of the "Art of Living" institution. The program was very much attractive for the Students. Near about 78 Students were participated in that program.
- Outcomes of the Program -
 - Students are motivated to learn about Mind and Body.
 - Students are emerged by the potentiality and ability within them.
 - The Students got and learnt some Yoga techniques from the RPs and practiced.

Signature of the Program Officer


Programme Officer, NSS
CHANDIDAS MAHAVIDYALAYA
KHUJUTIPARA, BIRBHUM

Notice cum Brochure for the program




NATIONAL WEBINAR & CELEBRATION

On INTERNATIONAL YOGA DAY - 2021




Organized by
NSS Units (I & II)
Chandidas Mahavidyalaya
Khujutipara, Birbhum, WB

Online Platform



REG. LINK

<https://forms.gle/bMdzNci6N1LDgZe88>



Theme -
"Generation Awaken with Yoga - Youth Lifestyle & Leadership"

Resource Persons

THE ART OF LIVING

1. Mr. Amit Chatterjee
*Yoga & Meditation Faculty,
 State Council Member, YLTP
 Art of living, Bengaluru, Karnataka*

2. Mr. Satya Narayan Dutta
*Volunteer & Yoga Instructor,
 Art of living, Bengaluru, Karnataka*

21st June

International Yoga Day

From 7.00 AM and Onward

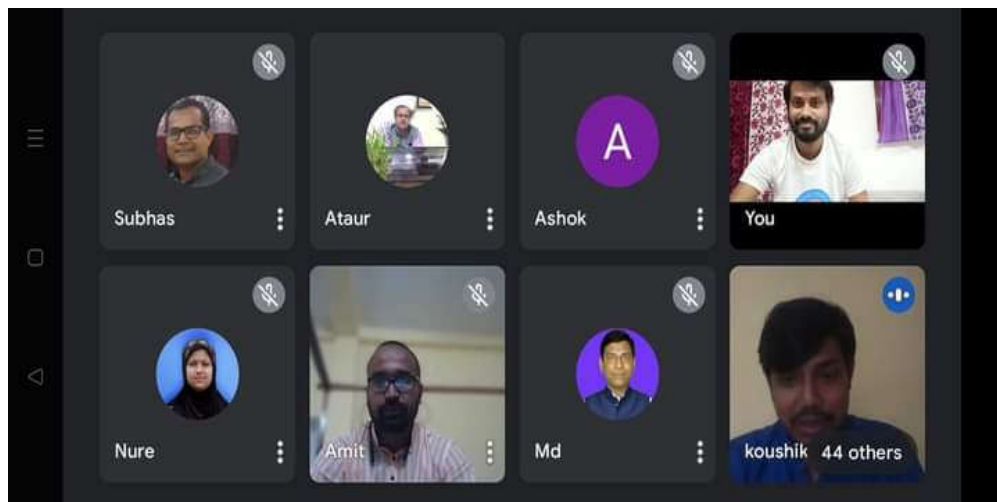
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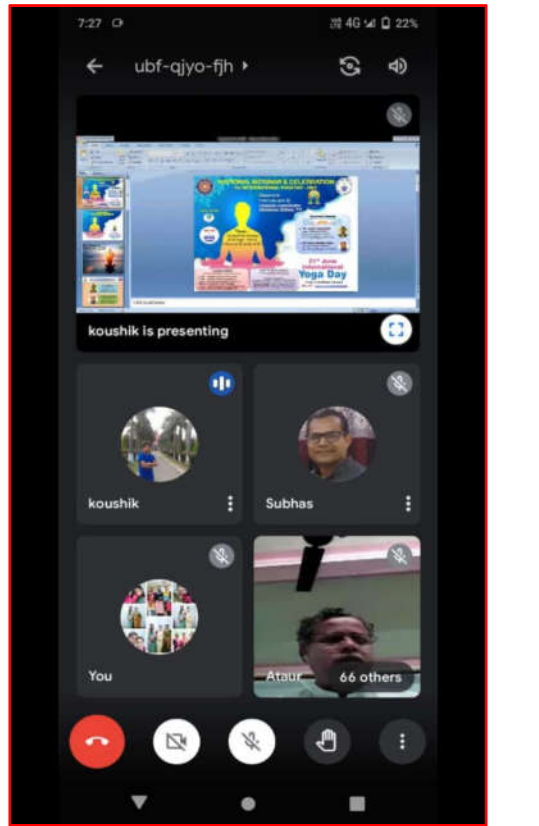
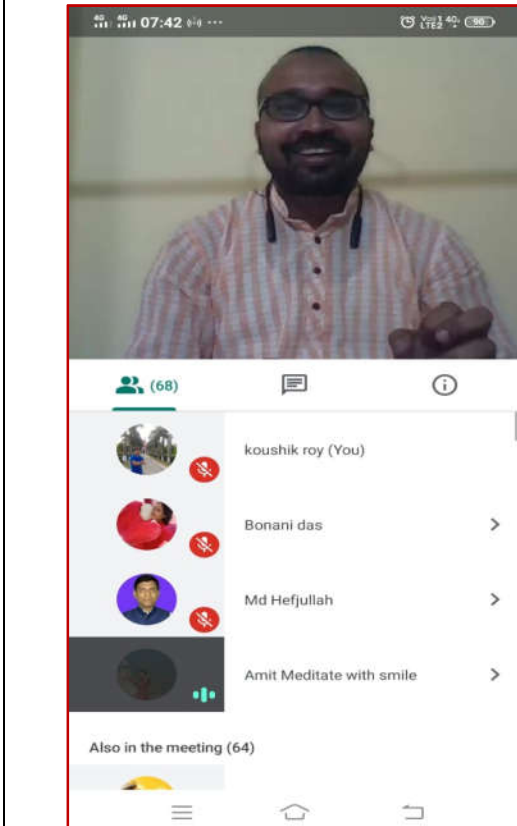
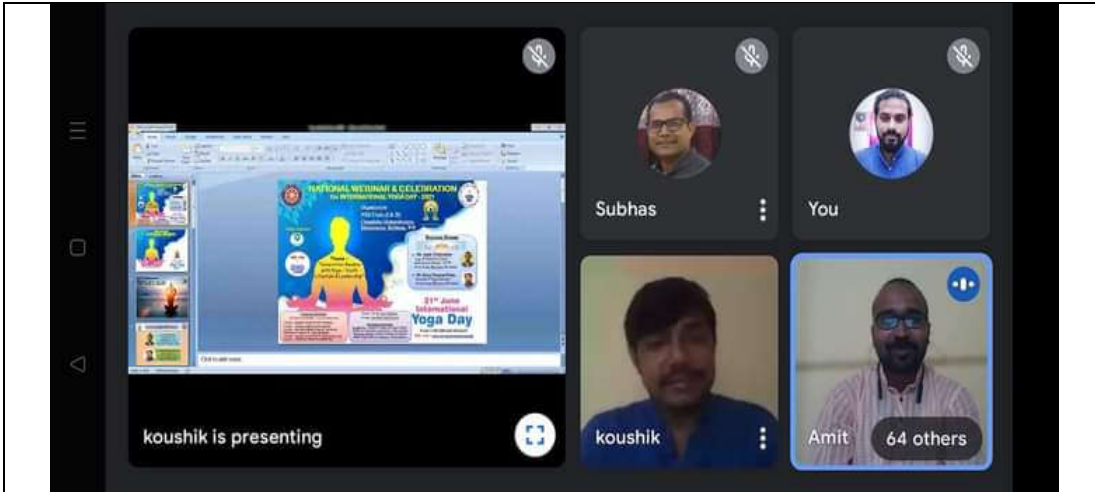
Program Schedule
21st June 2021 (Monday), 7.00 am and onward

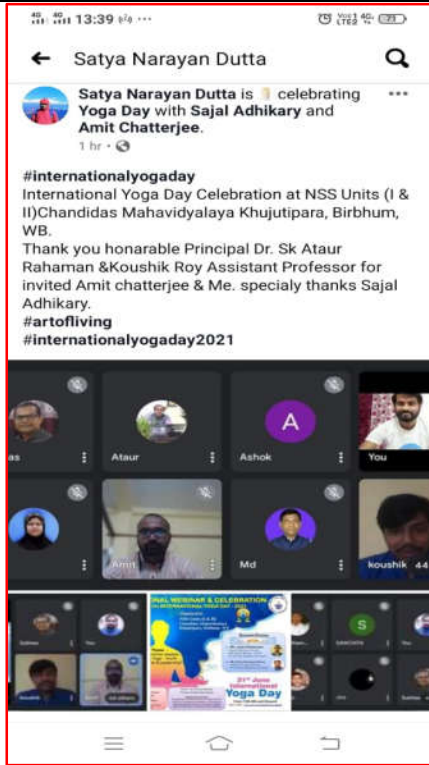
7.00 am - Inaugural Session by NSS Volunteers
 7.10 am - Welcome Address by Principal Sir
 7.20 am - Key Note Address & Special Lecture on Relevance of Yoga by Mr. Amit Chatterjee
 7.40 am - Yoga demonstration by Mr. Satya Narayan Dutta
 7.55 am - Valedictory Session by Koushik Roy

Patron – Dr. Sk Ataur Rahaman
 Principal, Chandidas Mahavidyalaya

Organizing Committee:
 Koushik Roy, Assistant Professor & Program Officer of NSS Unit-I (Secretary & Convener of the Webinar)
 Kironmoy Mandal, Assistant Professor & Program Officer of NSS Unit-II (Jt. Secretary of the Webinar)







Yoga practice @ home